

News From the Nurse's Office

Welcome to a new school year! Just a few reminders and healthful hints from your school nurses!

Medications: Whenever possible, medication should be scheduled during non-school hours. However, in the event your child needs medication during school hours, please be sure to have the **"Authorization to Administer Medication"** form completed and returned to the school nurse. All medications (prescription and non-prescription) must be sent in the original container, sealed, and labeled with the child's name. Prescribed antibiotics may be given, but need to be in a properly labeled pharmacy container that can remain at the school. Non-prescription medication (Tylenol, Advil, cough syrup, etc) may not be administered without parent authorization.

Epi-Pens, Inhalers, and Injectable medications require a separate authorization form. All medication **MUST** be hand-delivered to the nurse's/school office by the parent/guardian.

Chronic Medical Conditions: Please contact the school nurse if your child has diabetes, seizure disorder, asthma, an allergy or any other medical conditions. This will ensure the proper documents are completed and staff can be made aware of your child's needs.

Food Allergies/Outside Food: Many students in our district have food allergies. It is imperative that parents notify the school nurse and the child's teacher of any food allergies as soon as possible. ***A food allergy can turn into a potentially life-threatening situation.***

Immunizations: We encourage your child to complete all required immunizations and provide a record to the school office. If you have questions or concerns please contact the school nurse, your primary care provider's office or the Upper Missouri District Health Unit.

The North Dakota Department of Health requires all Immunizations be up to date by October 1st.

Illness/Injury: If your child is ill or injured during school hours, a Registered Nurse or designated staff member will assess him/her. For superficial abrasions, soap and water will be used for cleansing and appropriate bandage applied. You will not be contacted each time your child visits the school nurse, however, in the event your child appears to have a serious illness/injury, every effort will be made to notify you. Please be sure all phone numbers and health care information is kept current throughout the school year.

Children with a temperature of 100.4 degrees or higher will be sent home immediately. Please keep students home from school until they remain fever-free (below 100.4 degrees) for 24 hours without fever-reducing medication. Children with other symptoms of a possibly communicable disease will also be sent home from school at the discretion of the school nurse.

Lice: Head lice are a common community problem. They are not dangerous and do not transmit disease. The school nurse will notify parents of the student with lice or nits and recommend treatment.

Have a safe and healthy school year!

**Ashley Abbe, ADN, RN
Melissa Jacobson, BSN, RN
McKenzie County Public School District #1**

